



In an effort to provide training to school personnel and students concerning bullying, EACS utilizes several resources, such as:

- Indiana School Safety Academy
- McMillen Center for Health Education
- Stop Bullying Now – Interactive Website
- Allen County Superior Court, Juvenile Division
 - Conference on Youth
 - Partnership in training via consultants, David Walsh Ph.D, Jodee Blanco
 - Search Institute - 40 Developmental Assets
- Positive Classroom Management , “Tools for Teaching” - Fred Jones Ph.D
- Responsible Counter to Bullying – Dr. A. Wyatt Mullinax
- Aggression Replacement Training – Arnold Goldstein Ph.D, Barry Glick Ph.D and John C. Gibbs Ph.D
- Individual school presentations by EACS behavior specialists

Excerpt from EACS Handbook

Harassment and Bullying – Conduct violation (Sec-2q)

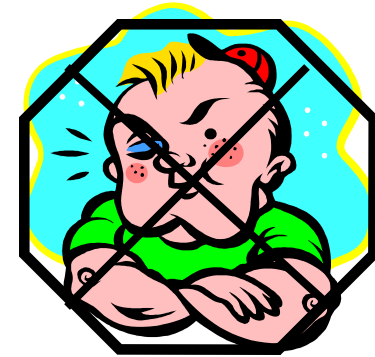
Engaging in any activity that disrupts a student’s ability to learn and a school’s ability to educate its students. Harassment and bullying includes but is not limited to humiliation, slander, any written or verbal expression or physical act or gesture or a repeated hurtful behavior pattern directed toward another person. This behavior may include physical, verbal, written, exclusionary behavior, cyber-bullying, or emotional abuse intended to be harmful to another person, and using property or equipment provided by the school, personal electronic communication devices or any other means. Parents or students should report acts of bullying ,which occur at school, to the school principal or designee. All reports will be investigated. Counseling, corrective discipline, and/or referral to law enforcement will be used to change the behavior of the bullying student. This includes appropriate intervention(s), restoration of positive climate, and support for victims and others impacted by the violation. Educational training will be provided to school personnel, parents, and students concerning the identification, prevention, and intervention in bullying; including physical, verbal, written,, exclusionary behavior, cyber-bullying or emotional abuse.

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East Allen County Schools

**A Responsible Approach to
Bullying Behavior**



East Allen County Schools is continually striving to provide a safe environment for students and staff. An important aspect of school safety is the effective management of bullying behavior. This guide has been published to inform parents, students and EACS staff of positive ways to respond to bullying issues.

Parents should:

- Inform the school of bullying incidents
- Encourage collaboration with the school
- Keep a log of bullying incidents:
 - Description of the incident
 - Time and date of occurrence
 - Who was involved
- Avoid blaming anyone; especially the victim
- Not encourage a bullied child to retaliate
- Develop a secure personal relationship with their child
- Be positive with their child
- Monitor personal behavior and aggression
- Exhibit appropriate models of conflict resolution
- Offer support but not encourage dependence
- Teach children appropriate social skills
- Model respect for diverse people
- Teach assertiveness versus aggression
- Be an advocate for bullying prevention
- Set clear standards of expectations, limits and behavior
- Share suitable stories of childhood experiences about bullying behavior
- Demonstrate empathic behavior
- Offer constructive suggestions for interacting with problematic peers
- Be concerned and responsive whether their child is the one being bullied **or** the bully
- Explain that “Tattling” and “reporting” differ: Tattling = trying to get someone *in* trouble; Reporting = trying to keep someone *out* of trouble

General suggestions for School Personnel:

- Promote a positive school climate and classroom management that enhances a learning atmosphere
- Post procedures and rules.
- Assign consequences for situations requiring sanctions

- A conference with the teacher, principal, and/or parents, Paying for damaged belongings
- Suspension or Expulsion
- Forfeiture of privileges such as driving or extracurricular activities
- Conduct class meetings about bullying
- Promote respect and empathy for others
- Institute a “bully box” for confidential reports of bullying and log incidents to identify behavior patterns
- Conduct adult directed mediations between victim and bully

School Support For Victims:

- **Always** intervene if bullying behavior occurs
- Encourage victims to report bullying incidents
- Involve victims in situations to help them make friends
- Encourage victims to participate in assertiveness and social skills training

School Personnel Support for Bullies:

- Reeducate: about their behavior, its impact, and resulting consequences; acknowledge improved behavior
- Give concrete examples of inappropriate behavior; coach them to act in non-violent/non-aggressive ways.
- Provide lessons on empathy.

For Bystanders:

- Teach the difference between tattling and reporting; encourage them to report bullying
- Encourage support of bullying victims

Suggestions for Responding to Cyber-Bullying

- Save the evidence. Print the online harassing.
- Identify the Cyber Bully.
- Clearly tell the Cyber Bully to stop.
- Ignore the bully by leaving the online environment and/or blocking communications.
- File a complaint with the Internet or Cell Phone Company
- Contact the cyber Bully’s parents.
- Contact the school administration.
- File a report form with school officials

- Contact the police

Students should:

- Report bullying/victimization incidents
- Participate in school safety planning
- Encourage parents to become involved in school activities
- Befriend younger or quieter students
- Seek immediate help from an adult when bullying occurs

Students who are victims should:

- Ignore the bully’s behavior if possible
- Use social skills such as assertion instead of aggression and intimidation
- Leave the situation; spend time in groups
- Rebuff the bully in a firm manner
- Protect themselves emotionally and physically
- Request the bully stop and then walk away
- Use humor
- Agree with the bully – take their power away
- Practice what to say to bullies ahead of time

Students who are victims should not:

- Tease back
- Lose their temper or escalate the situation
- Bring weapons or return the aggression
- Cry or act hurt in front of a bully
- Encourage others to gang up on the bully

Witnesses and bystanders should:

- Request the bully to stop
- Seek immediate adult help if the bully does not stop
- Speak up and offer support to the victim
- Not join in the bully's behavior
- Never ignore or laugh at bullying behavior